

lanördika
CIRCO & DANZA

Three Sad Trolls

1st Dramaturgy for circus show in Spanish from the XII Program for
development of contemporary dramaturgies - 2024. INAEM

With the support of the Contemporary Creation Grants from the
Madrid City Council 2024-2025



Synopsis

"The fantastic world of the legend cannot be separated from the real world; rather, it is completely absorbed by it."

Linda Dègh, folklorist.

We find ourselves facing the last three trolls on the planet, who are about to go extinct due to humanoid boredom. But the trolls are not giving up; they will put on all kinds of displays, brutalities, and nonsense to dazzle humans. All to make them believe again in the mystery and magic of the unknown, and thus, to continue living.

Inspired by:

THE TROLLS

Monstrous figures of Nordic mythology, created to keep children away from the woods in the darkness of night, for fear of becoming soup meat. Infamous for being foolish and clumsy. The origin of the word troll is unknown, nor is its appearance clear.

THE PORTORS

Darío Dumont, Paco Caravaca, and Emilio Arquillo.

Three porters without an agile one to throw into the air.



"With myths and legends, one must be careful: among strange beings and seemingly supernatural events lie truths that make life easier to understand and enrich us as individuals. They create meaning to existence."

Bengt af Klintberg, Swedish folklorist, ethnologist, and poet



About the piece

All audiences

- 50 minutes -

Indoor and Outdoor

A truly fantastic and bizarre circus show where nothing is logical, and nothing works as it should. A continuous error, a clash, that seeks to provoke conflict, fear, and laughter.

In the proposal, we fuse the visual art of a northern Swedish artist, Anna Jonsson, with the circus skills of three performers from southern Spain.

Circus skills:

Acrobatic lifts, balances, juggling, teeterboard, slapstick, and clown.





Scenic space

A fundamental pillar of the company and our creations is the scenic design, the responsibility of visual artist **Anna Jonsson**. The costumes, props, and puppetry have all been designed and handmade by her.

Anna, born in northern Sweden, is also a major source of inspiration for the troll world we present. She grew up among forests, surrounded by Nordic mythology and stories told by her mother—tales she has, in turn, passed on to her daughter Greta, the director of the play.

The wooden boxes used for balance have been hand-painted to resemble forests, evoking hidden figures among the branches.

The costumes and a large blanket that serves as the trolls' dwelling have been **crocheted by hand** using fabric yarn, employing traditional crochet techniques. On stage, the trolls also weave, evoking the work of our mothers and grandmothers. All materials are **recycled**, adding a homemade and playful style to the troll world we present.

She has also created the narrator character, crafting grotesque heads from reused sweaters, hand-embroidered with expressive faces, which also function as juggling props.

A body of work that cannot be measured in hours, but in pure love.

Anna at her studio.



Artistic team

Artistic direction and dramaturgy: Greta García

Circus creation and cast: Darío Dumont, Emilio Arquillo y Paco Caravaca

Design, set building, costumes and props: Anna Jonsson

Music: Morten Jespersen

Clown direction assistant: Lolo Fernández

Props and costume assistant: Arielle Swinkels

Set building assistant: En Ascua Forja

Production: Darío Dumont

Photography: Andrés Castillo, Luis Montero y Yessica Corpas





About Lanördika

Lanördika is a circus and dance company created in 2017 by artists Darío Dumont and Greta García with the intention of merging disciplines with humor and tenderness focused on the creation of colourful shows for all audiences.

The company's first original show '**Rojo Estándar**' premiered at Umore Azoka Leioa 2017 with a totally unexpected success for a first production.

'Rojo Estándar' has been performed about 300 times to date, winning numerous awards, among which stand out the Best Street Show Award at FETEN 2018, the LORCA Award for Best Street Show 2018, and the ACA Award for Best PETITE Show.

Lanördika co-produced, along with the companies El Gran Dimitri, Manolo Carambolas, Tresperté, and Truca Circus, of the show "**LUDO Circus Show**" (2016-2021). It won the best show award at FETEN 2018. Both Darío and Greta participate as performers in this show.

In 2021, with a clear motivation to learn and grow as artists, we took on the challenge of changing our roles, with Greta taking on direction and Darío facing the performance of a solo show. Thus "**Cándido**" was born, a multidisciplinary show with a lot of humor, premiered at the Circada festival in Seville 2021.

In 2022 we premiered '**SOPLA!**' at the Murcia circus theater, in co-production with the Truca Circus and Hnos. Infoncundibles companies. On this occasion, Greta takes on the role of co-director along with Daniel Foncubierta and Darío is part of the cast as a performer. It received the Umore Azoka Award and the Lorca Award for Best Street Show.

'**Three Sad Trolls**' is our new production, where we are betting on a medium format, and we have new members and close professional colleagues and friends.

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Dario Dumont

Passionate about the circus since the age of 10. From the beginning, he has trained in juggling, balance, acrobatics, acrobatic lifts, dance... so, to this day, his discipline is multidisciplinary. In recent years, he has focused his training on clowning with Philippe Gaulier, Christophe Thellier, Fanny Giraud, and Gabriel Chamé, among others. He has worked as a performer in Vol'e Temps, Vaivén Circo, and in "Twist," a production of Circo Price directed by Marta Pazos in 2022.



Since he decided to found Lanördika in 2017, he has produced and is part of the cast of 'Rojo Estándar', 'Ludo Circus Show', 'Cándido', and 'Sopla!'

Paco Caravaca



Currently, he is part of the cast of "Desprovisto" by CÍA. UPARTE and "Ambulant" by LA FAM PRODUCTIONS.

Circus artist specialized in juggling, hand-to-hand, and acrobatic scales. He began his professional career in the performing arts in 2006 while combining it with his training at the Urban Arts Center (CAU) in Granada, other national schools, and European centers. In 2012, along with his fellow members, he founded CÍA. TRESPERTÉ with three widely recognized and award-winning productions. In 2022, he joined the cast of "TwisT," a production of CIRCO PRICE directed by Marta Pazos.

Emilio Arquillo

After falling in love with the circus after seeing Dumbo in early childhood, and blaming it for so many problems in the future, he begins training with the company Animasur. Graduated in Education Sciences from the University of Granada, he starts his career as an artist with the company Vaivén Circo, being part of four of its projects. Over the years, he has trained in acrobatic lifts, clowning, and dance both in Spain and abroad.

He is currently touring with Vaivén Circo and collaborating on more independent projects such as Estreyarte (self-managed circus space in Dilar, Granada). He is also a road manager for rock bands.



Greta García

Since directing the show 'Cándido', she co-directed the multi-awarded 'Sopla!', by company Truca Circus, and 'La sombra del oro' which was a project "Circus South to South" co-produced by Truca Circus and La Grainerie in Toulouse. She recently co-directed 'Quixote. Sounds of Change', a European project joining a symphony orchestra and circus dramaturgy



She regularly collaborates with her mother, Anna Jonsson, like for the recently produced play 'My Dead Mother', performed in Mexico City. Additionally, she has worked as a choreographer for productions like 'Run Baby Run' from Meninas Teatro at Teatro Español, and she co-directed with Laura Morales the projects of their joint company, Hermanas Gestring, premiering last year at Teatros del Canal a musical called 'Hacer Amor'. She has published her first fiction novel, 'I Just Wanted to Dance' published by Tránsito, and was awarded the Almudena Grandes Novel Prize from the Bookstores of Madrid as well as the 2023 Estado Crítico Prize from Narraiva and finally the Ojo Crítico Theater Award 2023 from RNE (National Spanish Radio).

Anna Jonsson



Born in Sweden, graduated from the Faculty of Fine Arts in Seville, she has developed a long career since the 1980s. She is a multidisciplinary artist, with sculpture studies which is the basis of all her work and has led her to engage and work in the world of dance-performance, reflected in both her live shows and her audiovisual creations, alongside artists such as Torun Odlöw and María Cabeza de Vaca. She designs and creates the stage sets for Lanördika's shows and the performance "Sopla!" by Truca Circus. Along with Greta García, she forms the collective Greta&Anna, creating the show "Mi madre muerta". She is interested in things that make people laugh and cry at the same time and believes that more is more.

Morten

Jespersen

Bachelor's degree from the University of Copenhagen in Music. He has worked with the company Lavi E Bel, La Maquiné, Cía. Lolo Fernández, Rodriguez Celtic Band. Pianist for the Theatre Improvisation Match in Granada. Producer and creator of the show "Mi Isla" together with Piñaki Gómez in 2013. In 2014 he premiered "Mia Lam" with Nerea Cordero. Since 2007, he has been part of the music production company Isla de Fanö, co-producing music for Eric de Bont and the musical producer of "Soy Solo" by the company La Sal. Composer and pianist for Ludo Circus Show. Composer of "Rojo estándar" for the company Lanördika. Composer of "No, ni, ná" for La Petite Teatro. Member of groups such as La Big Band de Granada, Supervivientes, Roko, Los Angeles, in addition to playing with a wide range of Spanish artists.



Contact

INTERNATIONAL TOUR BOOKING

THE COMPANY

cia@lanordika.com

Greta (+34) 649 318 945

Darío (+34) 658 644 602

Violaine Bailleul - Insula Cultural

violaine@insulacultural.com

(+34) 623 177 236

Spanish phone number

SOCIAL MEDIA

@lanordika

<https://www.lanordika.com/>

(+44) 784373 9099

UK phone number

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